

The experts in aging well.

## Aging Life Care Professionals® and the Guardianship Process

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#### Creating a profession

1983

"Long-Distance Care of Elderly Relatives a Growing Problem" - New York Times 1985

First
informal
conference
held In
New York
with about
50
attendees

1996

National
Academy
of Certified
Care
Managers
formed
(CMC)

2012

NAPGCM becomes selfmanaged with more than 2,000 members 2015

NAPGCM rebrands as the Aging Life Care Association (ALCA) 2020

ALCA
celebrates
35 years
leading the
Aging Life
Care
Profession





#### An Aging Life Care Professional® is...



Credentialed, experienced professionals skilled in providing personalized decision-making and support with a long view perspective for elders and persons with disability



Follows a strict Code of Ethics & Standards of Practice



Knowledgeable: specialized training, experience in the field, familiar with community resources





# **ALCA** knowledge areas





#### Why Aging Life Care Professionals® are in demand?

#### **Changing Demographics**

By 2030, one in five Americans will be ≥ 65 years old

#### A Changing Health Care System

Cultural shift to person-centered care

#### **Growing Sandwich Generation**

 Meet the needs of families being pulled in two directions, often from long distances





## How an Aging Life Care Professional<sup>®</sup> can help prior to guardianship appointment







#### During the hearing

- Provide expert testimony

- Act as court evaluator







## After a Guardianship Hearing an Aging Life Care Professional<sup>®</sup> Can Provide:

Ongoing care management

Transitioning out of nursing home to community

Out-of-state moves

Coordinate medical care

Provide reports to guardians for required court filings





#### How an Aging Life Care Professional® helps

**Professional Support** 

**Monitors Client** 

**Coordinates Care** 

Assesses needs

Ensures needs are met

Finds the best options for the client's situation

Develops a plan

Identifies changes & makes adjustments

Communication hub

Links to services

Keeps family informed

Advocacy

Mediates family conflicts

Peace of mind for family

Ensures quality & effective care

Crisis intervention

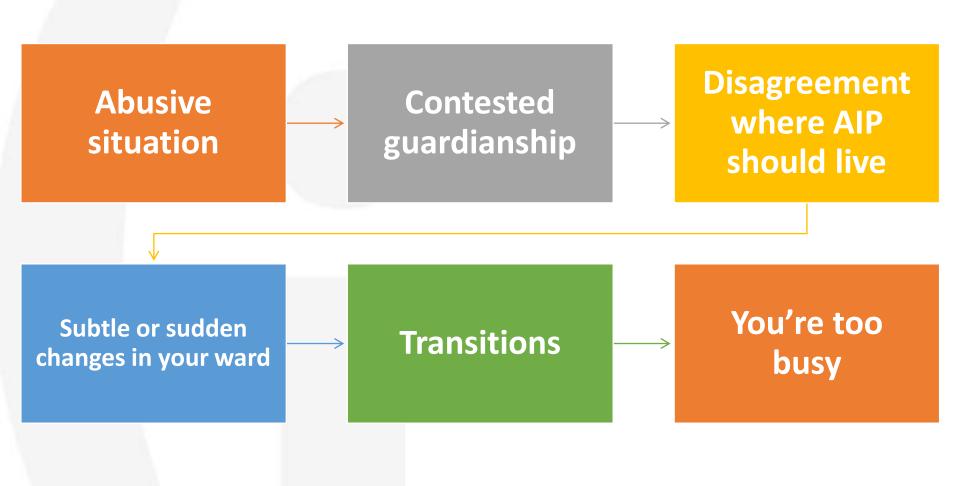
Ongoing evaluation & adjustment of plan

Helps if new problems arise





## When should YOU refer to an Aging Life Care Professional<sup>®</sup>...





#### How to refer to an expert in Aging Life Care™



Build partnerships with Aging Life Care Professionals in each area that you serve before you need an ALCP!



Set up an initial meeting to educate each other on the services that each provides, share values and set expectations.

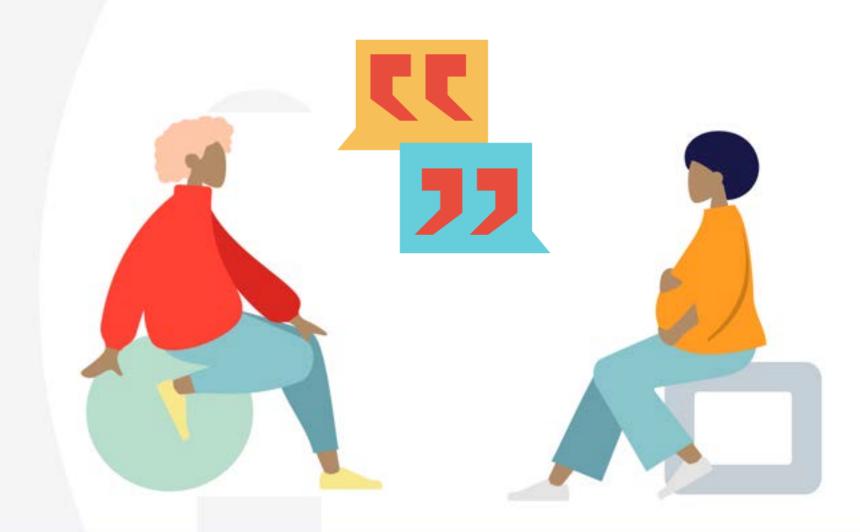


Understand ways in which you each work with families and set expectations for communication.



Partnerships lead to strong caregiving teams with positive outcomes for the client and their family.

#### Case Studies





#### How to Find an Aging Life Care Professional®

### Go to: aginglifecare.org



Search our database of professionals:

- ➤ Zip code
- **≻**City
- >State





#### Questions and Answers











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