

# Guardianship & Person-Centered Care Planning

**Indiana Supreme Court Adult Guardianship Office  
VASIA Program Directors Meeting  
Indianapolis, Indiana  
June 15, 2020**

# Presenters

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# Workshop Overview

Person-centered care planning involves a whole- life view approach and the use of a specific process for determining what guardianship individuals with disabilities or older adults want and need for planning their own futures.

The workshop is designed to provide guardians with a LifeCourse training session to help further develop their person-centered thinking and planning skills.

# Workshop Objectives



Participants will become aware of “why” and “how” person-centered care planning is important in quality guardianship case management.



Participants will understand the concepts, principles and methods used in successful person-centered care planning.



Participants will be able to demonstrate the basic skills needed to put a person-centered care plan into writing and action.

# Person-Centered Care Planning

Not a new concept



Normal thinking and planning process we use in our daily lives



Supported by Informed Consent Decision-Making Model in Guardianship



National Guardianship Association Standards of Practice



Uniform Guardianship, Conservatorship and Other Protective Proceedings Act

# New VASIA Program Statutes

## SB 139 Adult Guardianship Services

Senate Authors: Sen. Lanane, Koch, Becker, Stoops,  
Randolph, Kruse

Senate Sponsors: Sen. Buck, Freeman, Rogers, Glick

Passed Senate: 49 Yeas 0 Nays

House Sponsors: Rep. Cook, Bauer, Hamilton

Passed House: 95 Yeas 0 Nays

Governor Holcomb: Signed Bill on March 11, 2020

Statute Effective Date: July 1, 2020

SB 139  
Amends  
IC 29-3 and  
IC 34-30  
Statutes

Combines the Volunteer Advocates for Seniors Programs and the Volunteer Advocates for Incapacitated Adults Programs into one program titled Volunteer Advocates for Seniors and Incapacitated Adults.

Requires that the Volunteer Advocates for Seniors and Incapacitated Adults Programs be certified by the Indiana Supreme Court.

Requires that the Volunteer Advocates for Seniors and Incapacitated Adults Program's 30-day and 90-day guardianship progress reports and the annual status report to the court shall include a person-centered care plan.

# Person-Centered Planning

Person-Centered  
Planning



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graph TD; A[Person-Centered Planning] --- B[Set of approaches designed to assist someone to plan their life and supports.]; A --- C[Discovers and acts on what is important to and for a person.]
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Set of approaches designed to assist someone to plan their life and supports.

Discovers and acts on what is important to and for a person.



# Key Values



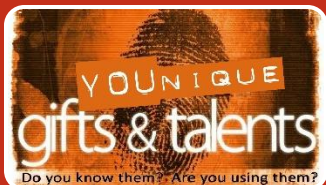
Treating individuals and family members with dignity and respect



Helping individuals become empowered to set and reach their personal goals



Recognizing the right of individuals to make informed choices, and take responsibility for those choices and related risks



Building on the strengths, gifts, talents, skills, and contributions of the individual

# Key Values



Fostering community connections in which individuals can develop relationships, learn, work and produce income, actively participate in community life, and achieve their full potential.



Promising to listen and act on what the individual communicates.



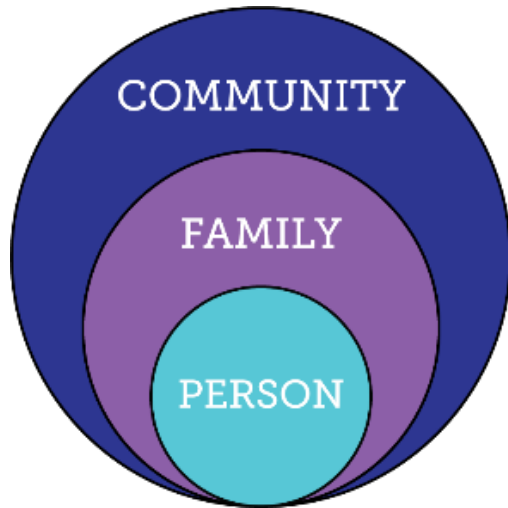
Seeking to understand individuals in the context of their age, gender, culture, ethnicity, belief system, social and income status, education, family, and any other factors that make them unique.

# LifeCourse Framework

All People



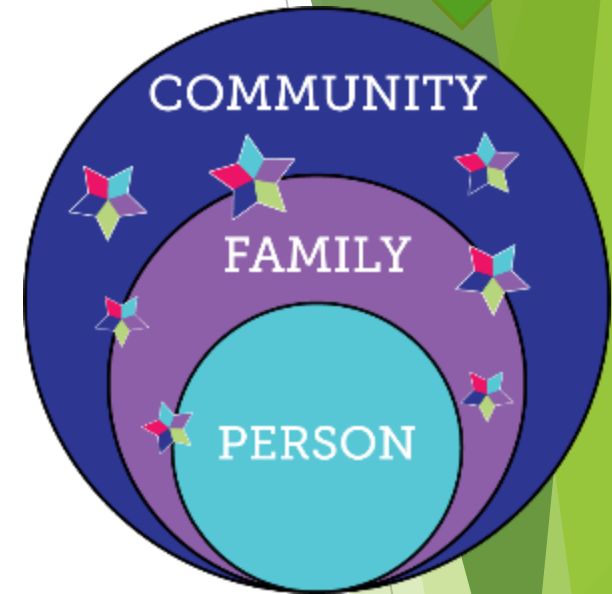
# Services and Supports are Evolving



Everyone exists within the context of family and community



Traditional Disability Services



**Integrated Services and Supports within context of person, family and community**

# Life Stages and Life Domains

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## Daily Life & Employment:

What you do as part of everyday life– school, employment, volunteering, communication, routines, life skills.



## Community Living

Where and how you live– housing and living options, community access, transportation, home modifications.



## Safety & Security

Staying safe and secure– emergencies, well-being, guardianship options, legal rights and issues.



## Healthy Living

Managing and accessing health care and staying well– medical, mental health, behavior, developmental, wellness and nutrition.



## Social & Spirituality

Building friendships and relationships, leisure activities, personal networks, faith community.



## Citizenship & Advocacy

Building valued roles, making choices, setting goals, assuming responsibility and driving how one's own life is lived.



## Prenatal/Infancy

Early years, wondering if meeting developmental milestones



## Early Childhood

Preschool age, getting a diagnosis



## School Age

Everyday life during school



## Transition

Transitions from school to adulthood is almost over!



## Adulthood

Living life as an adult



## Aging

Getting older and preparing for family/individual

# Getting Started



Environment

Comfortable, relaxed



Conversation Starters

Focus on interests, likes, needs, etc



Observations

Positive reactions, not just agreement



Participants

Who else knows the individual well



Tools

Many options beyond what is shared here

How long have you known the individual? \_\_\_\_\_

For each question below, mark the level of support you need when making and communicating decisions and choices in the Charting the LifeCourse life domains.



I can decide with no extra support



I need support with my decision



I need someone to decide for me

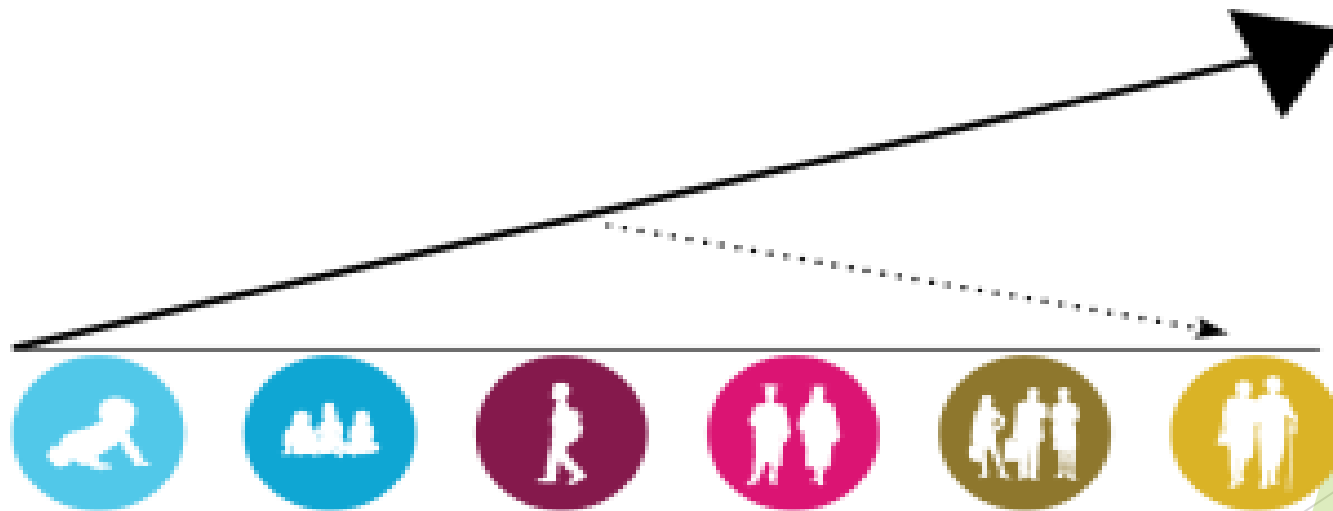
 **DAILY LIFE & EMPLOYMENT**

Can I decide if or where I want to work?			
Can I look for and find a job ( <i>read ads, apply, use personal contacts</i> )?			
Do I plan what my day will look like?			
Do I decide if I want to learn something new and how to best go about that?			
Can I make big decisions about money? ( <i>open bank account, make big purchases</i> )			
Do I make everyday purchases? ( <i>food, personal items, recreation</i> )			
Do I pay my bills on time ( <i>rent, cell, electric, internet</i> )			
Do I keep a budget so I know how much money I have to spend?			
Am I able to manage the eligibility benefits I receive?			
Do I make sure no one is taking my money or using it for themselves?			

 **HEALTHY LIVING**

Do I choose when to go to the doctor or dentist?			
Do I decide/direct what doctors, medical/health clinics, hospitals, specialists or other health care providers I use?			
Can I make health/medical choices for my day-to-day well-being? ( <i>check-ups, routine screening, working out, vitamins</i> )			
Can I make medical choices in serious situations? ( <i>surgery, big injury</i> )			

# Life Domains and Trajectory





# CHARTING the LifeCourse

## Life Trajectory Worksheet: Individual

Everyone wants a good life. The bubbles on the right will help you think about what a good life means for you or your family member, and identifying what you know you don't want. You can use the space around the arrows to think about current or needed life experiences that help point you in the direction of your good life.



Masks - Do I have a mask?  
Am I able to wear a mask?  
Will others be wearing masks?  
hand sanitizer - Do I have any?  
Can I use it?  
Washing hands (good hygiene)  
Can I social Distance?  
Will I have to use a public restroom?  
How many people will be there?  
Is staff needed? is staff willing to go out?  
No masks  
Unable to Social Distance - too crowded  
Unable to practice good hygiene

### VISION for a GOOD LIFE

I want to go out  
and stay healthy.

### What I DON'T Want

To get sick



Translating  
Planning into  
a Person-  
Centered  
Care Plan  
Court Report



## IC 29-3-8.5-2 Requires the VASIA Program to Submit to the Court:

- ▶ 30-Day Progress Report describing the matters required by the court; current physical and mental health condition; residential placement; person-centered care plan; property; and any property related issues of the senior or the incapacitated adult.
- ▶ 60-Day Progress Report describing the matters required by the court and submitting a verified inventory.
- ▶ 90-Day Progress Report describing the matters required by the court; a person-centered care plan; and making recommendations to the court.
- ▶ Annual Progress Report describing the matters required by the court; current physical and mental health condition; residential placement; person-centered care plan; property; any property related issues of the senior or incapacitated adult; and making recommendations to the court.

# Elements of the Person-Centered Care Plan Report to the Court

- ▶ Identify the process, participants and resources used to develop the plan.
- ▶ Describe the Protected Person's abilities and his/her level of participation in the planning process. \* Informed Consent?
- ▶ Describe the Protected Person's Priorities, Values and Life Goals.
- ▶ For the Person: List the Guardianship Short-Term and Long-Term Goals with Actions and Timelines.
- ▶ For the Assets and Finances: List the Guardianship Short-Term and Long-Term Goals with Actions and Timelines

# Resources

## Statute Link

- LifeCourse Tools and Person Centered Planning MAPs

## ISGA Standards of Practice

- [http://www.indianaguardian.org/uploads/1/1/2/2/112272819/isga\\_standards\\_of\\_practice.pdf](http://www.indianaguardian.org/uploads/1/1/2/2/112272819/isga_standards_of_practice.pdf)

## NGA Standards of Practice

- <https://www.guardianship.org/wp-content/uploads/2017/07/NGA-Standards-with-Summit-Revisions-2017.pdf>

## The Charting the LifeCourse Framework

- <http://www.lifecoursetools.com/principles/>