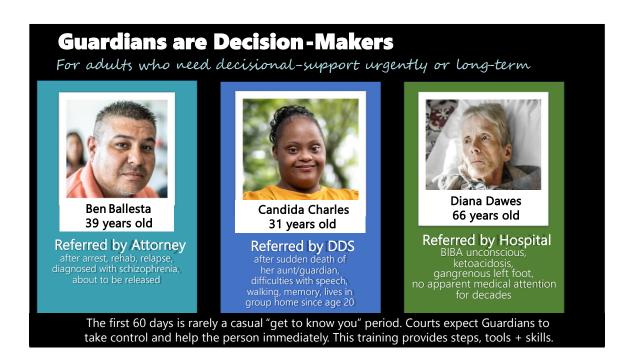


Great guardians bring skills and tools to the start of a new working relationship. Professional guardians have their favorite documents and preferred ways to begin, but may easily skip over some important tasks in haste or through lack of coaching.

Family or new guardians can be overwhelmed by a list of tasks and be unclear about the order of importance. Without guidance, steps can be missed that lead to mistakes later on.

This training was designed as part of our "Guardianship Basics Curriculum." But please don't think it is only for rookies. Here you will see tools or job aids in action. You can choose to download any and all of them.





In this virtual instructor-led training, we cover 3 large topics that answer the question "What needs to happen to save a person's life, or help someone's life improve?"

- 1. **Understand Your Appointment**. Actions you may take before accepting the guardianship and ideas for getting organized before your first meeting with a new client.
- 2. **Person-Centered Planning**. Many actions and activities that help you make on-point decisions for each specific client.
- 3. **Make Urgent Decisions.** How to analyze problems that need urgent attention, document your decision-making process, and explain how you made your decisions in case you need to in the future.

1-Understand Your Appointment

If you are lucky enough to receive pre-appointment information, you may be able to request specific powers or actions be added to the order/decree. Without this advance input, Guardians need to look closely at your decree or order when you receive it.

TAKE ACTION IMMEDIATELY

- ✓ Begin to organize information into a face sheet/fact sheet electronic form or app.
- ✓ This can cue you to ask for facts, documents and contacts so you can begin to understand this new client.
- ✓ Evidence of incapacity, petition, proposed decree, list of Diana's people with contact info, ID number for Diana, her home address, etc.
- ✓ Take opportunity to have edits and corrections made to the proposed decree before court hearing, when possible.



ORGANIZE WHAT YOU KNOW SO FAR INTO A SINGLE DOCUMENT, APP, OR PROGRAM

Make it easy to find names, numbers, and facts all in one place.

On the next two pages you will see the document Diana's guardian selected. It is an excel spreadsheet called a Face-Fact Sheet.

You may download this tool and use it for your own guardianship cases in Excel format or pdf format.

https://training.guardianshipcenter.org/catalog/info/id:149

- 66F
- BIBA to ED unconscious from apartment 4 days ago
- Diagnosed with type 2 diabetes
- Gangrene in left foot
- Cataracts
- Condition stable, foot amputation recommended
- Ex-husband local
- No children
- Room 1608



PERSONAL INFORMATION			
Person's Name	Diana Dawes	Phone	555-444-9999
Street Address	1000 Epping Way #3203	Email	
City, ST Zip	Derby, MA 55555	Other Contact Info	
Date of Birth	1/1/1958	SSN	555-111-2222
Intake date address/contact	Derby Regional Hospital, Social Worker	r - Marilyn M, 555-909	-0022; Diana in rm 1608
Insurance Name	Medicare	Insurance ID#	MDC5555
Medicaid #		Medicare #	M5555555
Income		Income Source	SS and Pension
Education		_	
Military Service	□ YES □ NO	Branch of Service	
	□ YES □ NO	Branch of Service	
Military Service	XFull Code DNR DNI DNH CMO	Branch of Service	
Military Service Dates of Service Code Status		Branch of Service	
Military Service Dates of Service Code Status	X Full Code DNR DNI DNH CMO	Branch of Service	
Military Service Dates of Service Code Status If not Full Code, date of Auth	X Full Code DNR DNI DNH CMO	Branch of Service	
Military Service Dates of Service Code Status If not Full Code, date of Auth	X Full Code DNR DNI DNH CMO	Branch of Service	
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Military Service Dates of Service Code Status If not Full Code, date of Auth	X Full Code DNR DNI DNH CMO	Branch of Service	
Military Service Dates of Service Code Status If not Full Code, date of Auth	X Full Code DNR DNI DNH CMO	Branch of Service	

	t Sheet
FAMILY + FRIENDS	
Marital Status Married X Divorced Separated Widowe	d □ Never Married
Spouse Name	Spouse Phone
Spouse Street Address	Spouse Email
Spouse City, ST, Zip	Spouse Other Contact Info
Emergency Contact Info	
Important Contact Name Davina Deveraux	Important Contact Phone 555-888-8888
Important Contact Street Addr 14 Mulberry Lane	Important Contact Email
Important Contact City, ST, Zir Toppam, MA 01555	Important Contact Other Contact Info
Lives Alone or Not X Alone With Family With Non-Family II	
Lives Alone or Not X Alone With Family With Non-Family Ir Facility Type Nursing Home Rest Home Assisted Living	
Facility Type	
Facility Type	□ Group Home
Facility Type	□ Group Home
Facility Type	Group Home Facility Phone



EMPLOYMENT INFORMATION Is individual employed?	YES X NO	Title/Work Description	
Employer		Address	
Phone		Other Employment Info	
KNOWN HISTORY OF MENTAL I	HEALTH ISSUES?		
If yes, describe			
If yes, describe			
	IN AGENCY SUCH AS DDS	OR DMH7	
IS INDIVIDUAL FOLLOWED BY A	IN AGENCY SUCH AS DDS	OR DMH?	
IS INDIVIDUAL FOLLOWED BY A	IN AGENCY SUCH AS DDS	OR DMH7	
IS INDIVIDUAL FOLLOWED BY A	IN AGENCY SUCH AS DDS		
IS INDIVIDUAL FOLLOWED BY A If yes, describe Case Worker	IN AGENCY SUCH AS DDS	Address	
If yes, describe IS INDIVIDUAL FOLLOWED BY A If yes, describe Case Worker Phone	IN AGENCY SUCH AS DDS		
IS INDIVIDUAL FOLLOWED BY A If yes, describe Case Worker	IN AGENCY SUCH AS DDS	Address	
IS INDIVIDUAL FOLLOWED BY A If yes, describe Case Worker	IN AGENCY SUCH AS DDS	Address	
IS INDIVIDUAL FOLLOWED BY A If yes, describe Case Worker	IN AGENCY SUCH AS DDS	Address	
IS INDIVIDUAL FOLLOWED BY A If yes, describe Case Worker	IN AGENCY SUCH AS DDS	Address	

Guardianship Face-Fact Sheet			
MEDICAL DIAGNOSES +	MEDICATIONS		
Diagnosis 1	Diabetes Type 2	Medication 1	
Diagnosis 2	Cataracts	Medication 2	
Diagnosis 3	Gangrene Medication 3		
Diagnosis 4		Medications 4	
Medical Diagnosis Notes	Transported by ambulance unconscious, blood pressure 70/45, ketoacetosis, blood sugar 658, gangrenous left foot, cataracts.		
PHARMACY			
Pharmacy Name Pharmacy Street		Pharmacy Phone City, ST, Zip	
,			
MEDICAL CONTACTS			
PCP Name		PCP Phone	
PCP Street Address		PCP Email	
PCP City, ST, Zip			
FCF City, 31, 2ip			
Specialist 1 Specialty		Specialist Phone	
Specialist 1 Specialty Specialist Name		Specialist Phone	
Specialist 1 Specialty Specialist Name Street Address		Specialist Phone Specialist Email	
Specialist 1 Specialty Specialist Name Street Address City, ST, Zip Specialist 2 Specialty		Specialist Email	
Specialist 1 Specialty Specialist Name Street Address City, ST, Zip Specialist 2 Specialty Specialist Name Street Address		Specialist Email	
Specialist 1 Specialty Specialist Name Street Address City, ST, Zip Specialist 2 Specialty Specialist Name		Specialist Email Specialist Phone	

UNDERSTAND YOUR ORDER or DECREE

Even when you have seen many orders or decrees, it is worthwhile to be sure you review what the judge has ordered for the specific new client.

This graphic reminds us what guardians of the person are assigned to make decisions about, typically. It shows us what guardians of the estate are assigned to make decisions about, typically. Your state may use the term "guardian" or the term "conservator" differently than is shown. The important message here is to be sure you understand what is expected of you. Expectations include whether the authority is full or limited, and due dates for reporting.

Do not take for granted that all orders/decrees are the same

Find the specific decisions assigned + get clarification, if needed

Make copies

Mark your calendar



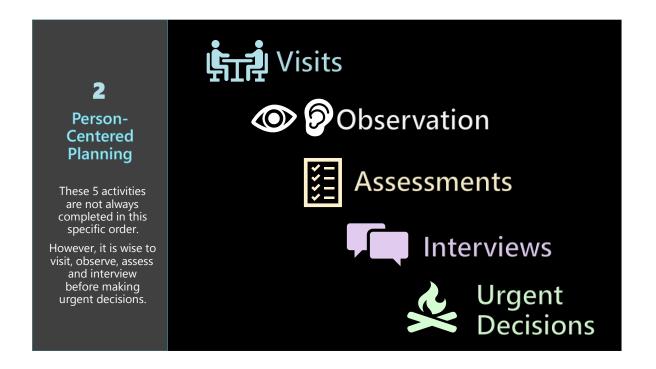
Why is your calendar important enough to include as a "tool" or "job aid?"



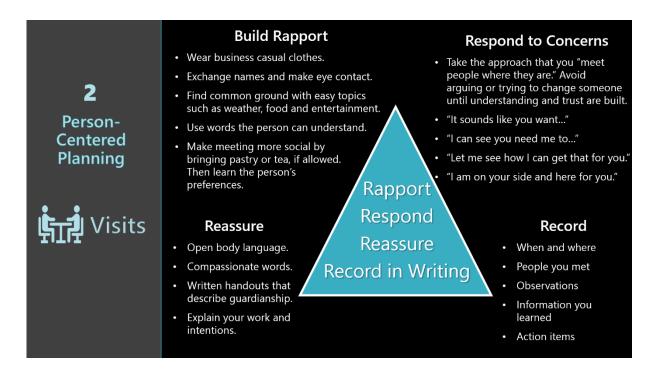
BE MEETING READY

5 ACTIVITIES SUPPORT PERSON-CENTERED PLANNING

These 5 activities are not always completed in this specific order. However, it is wise to visit, observe, assess and interview before making urgent decisions.



VISITS



Download Contact Notes https://training.guardianshipcenter.org/catalog/info/id:150

Contact Notes

CATEGORIES	YOUR NOTES
Docket#	Find this on Guardian Decree. You will need it to complete annual Care Plan Report.
Guardian Name	You.
Client Name	Adult with guardian.
Today's Date	Date you are making these notes, Or date range these notes cover.
Name of Contact + Relationship to Client	Family relationship, provider's service, or person's role in the adult's life.
Type of Contact	In person (where)? By phone? Virtually?
Purpose of Contact	Why did you spend time with this person? What were you hoping to accomplish, learn or share?
Time Spent	How much time did you spend?
Describe the adult's current physical condition.	Make notes any way that is meaningful to you. Keep in mind that these notes will end up being used to complete Section 1 of your first care plan (after 60 days) and then your annual care plan (every year on the date of appointment). Keeping page after page of good notes will help you explain what you have done and how the client has progressed/changed.
Describe the adult's current mental condition.	Make notes any way that is meaningful to you. Keep in mind that these notes will end up being used to complete Section 1 of your first care plan (after 60 days) and then your annual care plan (every year on the date of appointment). Keeping page after page of good notes will help you explain what you have done and how the client has progressed/changed.

Page 1 of 3

Contact Notes

CATEGORIES	YOUR NOTES
Describe the adult's current social condition.	Make notes any way that is meaningful to you. Keep in mind that these notes will end up being used to complete Section 1 of your first care plan (after 60 days) and then your annual care plan (every year on the date of appointment). Keeping page after page of good notes will help you explain what you have done and how the client has progressed/changed.
Living arrangement + <u>your</u> observations about living <u>arrangement.</u>	Current address of client (how recently has this changed). Notate observations about the living situation so you can describe them to the court or a family member, if asked.
Notes on your visits including conversations with client, observations or conversations with caregivers.	Describe what you talked about so you can refer back to it, if needed.
Decisions or changes client has requested or agreed to.	Sometimes things change. Describe changes if they have occurred or if they are about to happen.

Page 2 of 3

Contact Notes

CATEGORIES	YOUR NOTES
Summary of <u>financial</u> <u>activities</u> during this period.	Funds must not be comingled between client and any other person, including guardian. If you have financial responsibilities, use this space to describe anything new or noteworthy that you will need to recall for your annual report.
Notes	Add anything else you want to remember or refer back to.
Action Items	List immediate action items here.

Page 3 of 3

Download Guidelines Card here: https://training.guardianshipcenter.org/catalog/info/id:267





Download Bill of Rights Job Aid here: https://training.guardianshipcenter.org/catalog/info/id:259



THE CENTER FOR GUARDIANSHIP BILL OF RIGHTS for ADULTS who have a GUARDIAN EXCELLENCE

Access to Justice

- You have all rights the court has not granted to your guardian
- 2. Right to hire lawyer who advocates for outcome you want
- 3. Right to be present + participate in court hearings
- 4. Right to tell court your concerns or complaints about your guardianship
- Right to ask court to review your guardianship for changes
- Right to evaluation of what you can do + if you should have some or all rights restored
- Right to the support + accommodations you need to effectively communicate with court and to understand court proceedings
- Right to have your rights explained to you in your preferred method of communication, and in language you choose

CORE HUMAN RIGHTS



- Right to be treated with dignity and respect
- Right to be free from abuse, neglect, exploitation + discrimination
- Right to remain as independent as you can 11.
- 12. Right to express + practice your religion
- Right to personal privacy 13.
- Right to humane, safe, sanitary living, learning + work environments
- 15. Right to sexual expression + to your gender identity
- 16. Right to competent guardian who advocates for your goals, needs preferences with respect for your desires, including medical treatment preferences, cultural practices, + religious beliefs

DECISION-MAKING RIGHTS

- 17. Right to fully participate in decisions, especially your care, where you live, your activities + social interactions to the extent you wish to be involved + are able to be
- Right to receive needed services + rehab, within available resources, in least restrictive conditions
- 19. Right to have your guardian prudently manage your resources
- 20. Right to fully participate in decisions about how your property is managed, to the extent you wish to be involved and are able to be
- 21. Right to keep confidential those matters which you wish to keep confidential unless that information is necessary to obtain services, to prevent abuse, neglect or exploitation, or to modify guardianship order





GUARDIANSHIP BILL OF RIGHTS for ADULTS who have a GUARDIAN EXCELLENCE

RESTRICTIONS

THE COURT MAY RESTRICT 1 OR MORE OF THESE RIGHTS, BUT ONLY WITH DUE PROCESS.

- Apply for or maintain a driver's license
- Be educated
- Be employed
- 4. Communicate and interact with others
- 5. Change your marital status
- 6. Maintain your reproductive health and procreation
- 7. Travel
- Vote 8.



Due process of law means a state applies all legal rules + principles pertaining to the case so all legal rights that are owed to the person are respected.

GUARDIAN AUTHORITY

THE COURT MAY AUTHORIZE YOUR GUARDIAN TO MAKE DECISIONS FOR THE FOLLOWING ON YOUR BEHALF, BUT ONLY WITH DUE PROCESS.

- 1. Acquire the benefits, services and supports you need
- 2. Consent to or refuse your medical and mental health treatment
- 3. Determine where you live
- 4. Determine your social environment and social aspects of your personal life
- File and defend lawsuits
- 6. Make contracts
- Make gifts of your money
- Manage your money and property





OBSERVATION + ASSESSMENTS

We combine these two activities because observation skills are needed to use assessment tools.

Observation skills involve looking, listening and understanding facts. We can observe what someone is doing (activities, body language) or saying (words and tone). We can observe someone's appearance (clothes, cleanliness, change of hairstyle or piercings, and physical injuries).

Documentation requires facts. Observations are facts. Include verbs of action. Not general descriptions or judgments.

Read each statement. Is it an observation or a judgment?

- 1. Diana looked alert when Dee entered the room.
- 2. Diana moved her hands out from under the blanket and waved.
- 3. She has no appetite.
- 4. Diana opened the lid on her breakfast tray only after being prompted, then closed it without eating anything.
- 5. She is not taking care of herself.
- 6. I noticed her front left tooth is brown and has a crack in it.
- 7. Diana is estranged from her family.
- 8. Tears filled Diana's eyes when she described the mean things she said to her brother.
- 9. She does not understand what's happening to her.
- 10. She stated, "I thought I had a black sock on and couldn't get it off."

Download this tool at https://training.guardianshipcenter.org/catalog/info/id:151



These 5 categories of adult living skils help guardians observe very specific client activitis and gain a picture of what the person can do.

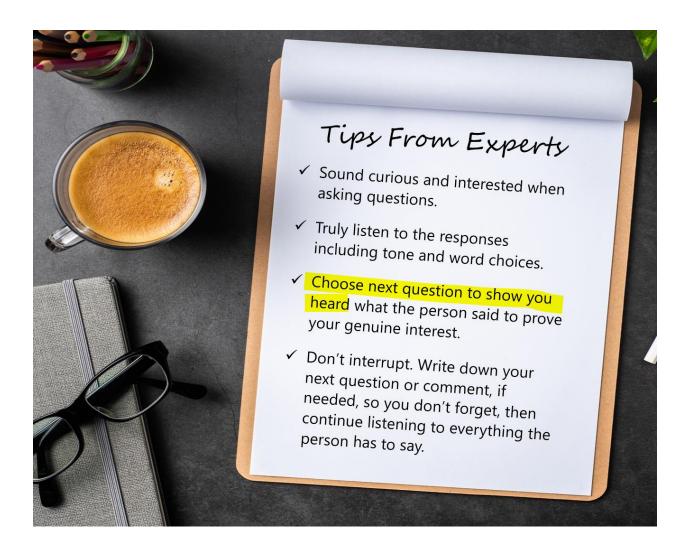
- I. Home, Safety + Comfort Skills
- II. Social + Personal Skills
- III. Healthcare + Medical Decision-Making Skills
- IV. Financial Management Skills
- V. Values, Goals, Preferences, Dreams + Worries

How does a skills assessment help with person-centered planning?

INTERVIEWS

Great guardians uncover information from clients + others. Interviews are different than observations and assessments.

INTERVIEWS	OBSERVATIONS + ASSESSMENTS	
One-to-one conversations where specific questions are asked so guardian can learn:	Facts seen and heard by the guardian	
 Facts from one person's viewpoint on various topics 	Client skills compared to	
 Opinions and past experiences that clarify one person's viewpoint 	commonly used scales of adult capabilities for independent living	
 Stories and anecdotes that enhance your understanding 		





CONVERSATION STARTER Questions List

Get to know your client. Create interactive conversations that draw out facts to help you know someone well. Use this list as a starting point for interviewing clients, their loved ones, caregivers, etc.

1. CURRENT SITUATION + IMMEDIATE PAST HISTORY

- What can you tell me about the the situation that brought you here? [What happened to NAME?]
- Have you been struggling with this for a while? [How long has NAME been struggling with this?]

2. HEALTH

- How are you feeling? [Have you noticed changes in NAME's health? What? When?]
- Are you better today?

3. FOOD/APPETITE

- How is the food? [What can you tell me about NAME's appetite or eating habits?]
- Are you hungry?
- What are your favorite foods?

4. PETS

• Do you have pets, do they need attention right now? [Does NAME have any pets that need to be taken care of right now?]

5. HOME LIFE

- How do you like where you live? [Does NAME say anything about wanting to move or feeling dissatisfied about where she/he/they lives?]
- Is there someone you want to live near?

6. UNMET NEEDS

What do you need? Is there anything I can bring you? [What do you think NAME needs?]

7. ACTIVITIES + FREEDOM

• What do you like to do with your time? [What do you and NAME do together? Can you tell me about activities she/he/they enjoys?]

8. IMPORTANT PEOPLE

- Who are the most important people in your life? [Who are the most important people in NAME's life?]
- Anyone you need me to contact?
- Who can help me get to know you better?
- Who do you trust to talk with me?
- Anyone you don't want me to talk to?

9. EMERGENCY SITUATIONS

- I see you have [name] listed as your emergency contact. Is it okay if I contact [name]?
- Who else might you want to know about what's happening with you?

10. PLANS FOR AGING + DEATH

- Have you made any arrangements for the future such as a living will or plans for burial? [Have you
 and NAME discussed plans for aging such as a living will or funeral?]
- Would you like to tell me about how you feel about long-term care if you get very sick? What you will or will not want to have happen to you?

11. SAFETY

- Do you feel safe where you are now? [How safe is NAME where she/he/they lives now? Does she/he/they have guns or are there people around her/him/them with weapons?]
- Do you feel safe at home?
- Anyone or anyplace you want to avoid?
- Do you own any weapons?

Visits typically help to uncover urgent actions.



What urgent issues or actions have been uncovered for Diana Dawes?			

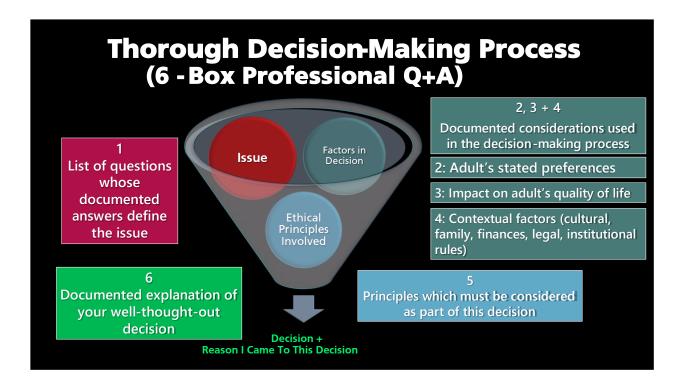
3-Making Urgent Decisions

DEFINITION

In guardianship, urgent decisions can be defined as topics to take action first or immedately.

In business, urgent decisions can be defined as actions taken without the usual due diligence or process.

For guardians, even though speed is necessary, thorough decision-making is required.



You may download this tool as an Excel Spreadsheet and use it for your guardianship work. Find it here: https://training.guardianshipcenter.org/catalog/info/id:260

DIANA'S DIABETIC NEUROPATHY (is a name you might choose for this file)

Use this space for notes on this case	2:	
Section 5 of the "6 Pay Professional (OLA" rominds guardians to refer to the	an "Standards of Dractice" or
Section 5 of the "6-Box Professional of published by NGA. Our version capsul Principles."		
Which of the 21 "ethical principles"	apply to this decision we are discuss	ing?
Download this job aid at https://trai	ning.guardianshipcenter.org/catalog	/info/id:208
Client Advocacy	Medical	Business + Financial
 Preserve individual's dignity Create safe, secure environment 	8. Beneficence	14. Detailed accounting
Create safe, secure environment Understand needs, values	9. Non-Malevolence	15. No commingling of funds
+ goals	10. Best Interest	No financial benefit to conservator
Support growth + achievement of goals	11. Substituted judgment	17. No estate planning nor asset
5. Select least restrictive alternatives	12. Informed consent	sales without court approval
6. Maximize independence	13. Justice	Categories
7. Seek termination or limitation		with laws + court orders
of guardianship, if capacity regained		individual in decisions
	20. Strict co	nfidentiality
THE C	ENTER FOR 21. Docume	nted support for every decision
GUAR	RDIANSHIP	
EXC	LELLENCE	No.
Ethical F	Principles	

CLIENT CASES ARE VERY DIFFERENT FROM ONE ANOTHER. TOOLS & PROCEDURES CAN BE THE SAME.



Final Review

- 1. The first 60 days is rarely a casual "get to know you" period. Courts expect Guardians to take control and help the person immediately.
- 2. Explanatory "leave behinds" can help someone get comfortable with your good intentions, availability, and the facts about guardianship.
- 3. Assess a client's capabilities rather than focus on challenges or incapacities. Find the coachable skills and the right people to do the coaching to bring positive change to someone's life.
- 4. Interview everyone but make it conversational.
- 5. Document every conversation/contact to help you with accurate reporting.
- 6. Person-centered planning requires visits, observation, assessment, interviews and the making of urgent decisions. This can mean a dozen contact records (or more) are completed during early weeks.
- 7. Urgent decisions must involve thorough decision-making procedures. The "6-Box Professional Q+A" tool can help you make decisions then explain them to others, if needed.
- 8. If written tools (that we offer at no charge) are not for you, look for software and apps that get and keep you organized.